



SAFE MEDICATION PRACTICES FOR BETTER HEALTH

Brought to you by:



THE OHIO STATE UNIVERSITY
COLLEGE OF PHARMACY



CardinalHealth™
FOUNDATION

The Generation Rx: Safe Medication Practices for Better Health toolkit is designed to offer helpful information about appropriate medication use for an older adult audience. Medications help us live longer and healthier lives; however they can also produce harmful effects when not used properly.

Safe Medication Practices for Better Health's resources are designed for the needs of older adults to equip them with the knowledge of safe medication use.

Safe Medication Practices for Better Health focuses on three main themes:



Be your own health advocate – you are the most important part of your healthcare team. Take the time to become an expert!



Learn safe medication practices – only take medicines as directed by your healthcare professionals, store them securely, and safely dispose of them when no longer needed.



Know the risks of medication misuse – drug misuse affects us all – find out how you can help.



What resources does Safe Medication Practices for Better Health contain?

There is a menu of tools to assist in discussions with an older adult audience that can be used alone or in tandem. In this guide you will find:

- **Facilitator’s Guide**
- **Introductory Letter**
- **Presentation (30 minutes)**
- **Presentation Handout**
- **Promotional Handout**
- **Promotional Flyer**
- **Video (3 minutes)**
- **Trivia Game (30 minutes)**
- **Medication Record**
- **Digital Signage**

You can download these tools and other resources to learn more about prescription drug misuse for **FREE** at **GenerationRx.org**.

In addition to Safe Medication Practices for Better Health, Generation Rx provides resources for a variety of audiences that are available for free online. All of these resources were created to promote safe medication practices for life.



ELEMENTARY



TEEN



COLLEGE



ADULT



OLDER ADULT



PATIENT



WORKPLACE

The mission of Generation Rx is to educate people of all ages about the potential dangers of misusing prescription medications. Since 2009, the College of Pharmacy at The Ohio State University and the Cardinal Health Foundation have partnered to provide open source educational materials that anyone can use to help prevent the misuse of prescription drugs.

These ready-to-use, FREE resources are designed to provide everything you need to make a presentation or offer a program in your community, school or college. For more information, visit GenerationRx.org.