

GenerationRx

Safe medication practices for life.

We can prevent prescription drug misuse by engaging in
SAFE MEDICATION PRACTICES FOR LIFE

1 SAFE MEDICATION PRACTICES



Only use prescription medications as directed by a health professional



Medication affects friends differently—never share or use someone else's medication



Secure medications in lockable spaces and safely dispose



What others see you doing matters—model safe medication practices for friends and family

75% of college students have **never misused prescription medication** in their lifetime¹

REFERENCE

¹ McDaniel, A., College Prescription Drug Study Executive Summary, 2015

GenerationRx.org

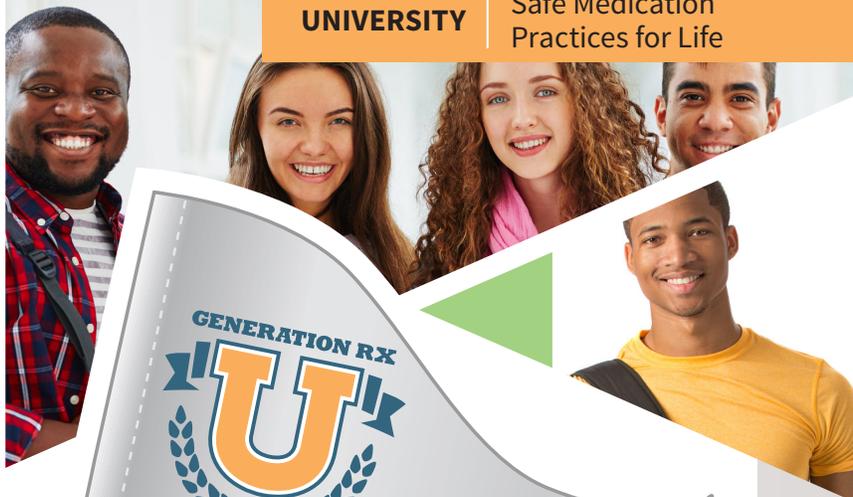
Follow us @TheGenRx



Lit. No. 5CR17-703508_University Rx Safe Medication Practices for Life (08/2017)

UNIVERSITY

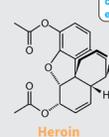
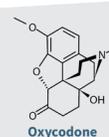
Safe Medication Practices for Life



2 IMPACT OF MISUSING PRESCRIPTION OPIOIDS

Drug overdose is the **leading cause of accidental death** in the U.S.

Some individuals who misuse prescription opioids transition to using heroin...



Drugs with similar chemistry produce similar effects in the body...

3 IMPACT OF MISUSING PRESCRIPTION STIMULANTS

FLIP IT!

When we ask someone to share their medication, they may perceive it as you...

- Putting me at risk for getting in trouble...
- Using our friendship to obtain drugs...
- Disrespecting my health needs...

Need help saying "no"?

Give a Reason: No way...that's illegal! I don't want a drug-related offense on my record.

Leave the situation: If you feel uncomfortable, leave the situation and seek a safe way to have fun, study, etc.

Suggest an alternative: No...these pills can cause some serious side effects. Instead, how about we...

I've got some pain pills...want one?

I'm so stressed - can I have some of your Xanax?

81% of college students do not misuse prescription stimulants as **study aids**¹

Brought to you by:

