



# MISUSING MEDICATION IS:

- Taking more medication than instructed
- Taking medication for a different reason than instructed
- Sharing or taking someone else's medication

**You're not alone:**

**75%** of college students  
HAVE **NEVER MISUSED**  
PRESCRIPTION MEDICATIONS *in their lifetime*<sup>1</sup>

## Need help saying no?

**Give a reason:**

No way...that's illegal! I don't want a drug-related offense on my record!

**Leave the situation:**

If you feel uncomfortable, leave the situation and seek a safe way to have fun.

**Suggest alternative:**

No...these pills can cause some serious side effects. Instead, how about we go to the football game?



**GenerationRx**  
Safe medication practices for life.



# STIMULANT MISUSE:

**81%** of college students  
**DO NOT MISUSE** PRESCRIPTION  
MEDICATIONS AS STUDY AIDS<sup>1</sup>

Research indicates that the majority of students  
misusing prescription stimulants as study aids  
**EARN LOWER GRADES**

**Try sustainable approaches to study:**

Stay current with class material Don't skip class

Create a study schedule Get a tutor Start a study group

Utilize your instructor's office hours Access online tutorials

Make flashcards Try to teach it Prioritize tasks



# OPIOID MISUSE:

**90%** of college students  
**DO NOT MISUSE PRESCRIPTION OPIOIDS<sup>1</sup>**

## Take action in a drug overdose situation:

1

**Call  
9-1-1**

2

**Move  
individual  
to recovery  
position**

3

**If available,  
administer  
naloxone**

4

**Stay with the  
person until  
help arrives**

If you're prescribed an  
opioid pain reliever,  
**be your own advocate:**

- Don't hesitate to ask questions
- Only use as directed
- Never share with others
- Secure medication in lockable spaces
- Follow safe disposal practices

