

RESPECT The Rx

- R** – *Reason*: why is this medication being prescribed for me?
- E** – *Explain usage*: should I take this medication regularly or as needed? What restrictions are there with food/alcohol/other medications?
- S** – *Symptoms*: when is it appropriate for me to take this medication (e.g., on a scale of 1-10 for pain severity)?
- P** – *Practitioners*: inform your doctor if you are seeing other healthcare providers and which pharmacy you use (you should only use one pharmacy)
- E** – *Expected Effects*: what effects can I expect from taking this medication? What precautions do I need to take while driving, operating machinery, etc.
- C** – *Concerns with controlled substances*: is there addiction potential with my medication?
- T** – *Time to stop*: when and how should I stop taking my medication? How should I store and dispose of it when I am done?

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Do not forget to ask...

The acronym RESPECT was developed to summarize important points for you to discuss with your doctor or pharmacist about your prescription medications. It is important for you to know the details about taking and storing your medications in order to avoid unintended harmful effects. This handy guide is meant to be carried around with you as a reminder of the things that you should ask and know about your medications. For more information about prescription medication safety, please visit [**go.osu.edu/RespectTheRx**](http://go.osu.edu/RespectTheRx).

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